



Please Join Us in Celebrating Good Health!

DIG INTO DARK CHOCOLATE

A Virtual Cooking Video

Learn how to...

- Prepare guilt free desserts and chocolate favorites
- Cut calories using simple substitutions
- Bake gluten free and enjoy
- Have your cake and eat it, too!

Featured Recipes:

Strawberry Caprese Salad with Chocolate Vinaigrette
Chocolate Hummus
Avocado Dark Chocolate Truffles

[CLICK HERE TO WATCH](#)



MASSACHUSETTS

Blue Cross Blue Shield of Massachusetts is an Independent Licensee of the Blue Cross and Blue Shield Association.

Blue Cross Blue Shield of Massachusetts is an Independent Licensee of the Blue Cross and Blue Shield Association.

© Registered Marks of the Blue Cross and Blue Shield Association.

© 2018 Blue Cross and Blue Shield of Massachusetts, Inc. and Blue Cross and Blue Shield of Massachusetts HMO Blue, Inc.

101 Huntington Avenue, Suite 1300, Boston, MA 02199-7611 | 1-800-282-BLUE (2583)